

Kinesiology
Charter School of Education and Human Sciences

Program Planning Guide for
Freshman Planning to Major in:

Exercise Science

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COURSES RECOMMENDED AT THE *FRESHMAN* LEVEL (34 hours):

<u>Fall Semester-Freshman</u>	15 cr. Hours
BCC 100 Freshman Seminar	1
Behavioral and Social Sciences Course 1	3
ENG 101	3
Humanities Course 1	3
KIN 380 Nutrition	3
KIN 221	1
KIN Activity Course 1	1
<u>Spring Semester-Freshman</u>	17 cr. Hours
Behavioral and Social Sciences Course 2	3
ENG 102	3
Humanities Course 2	3
PSY 101	3
BIO 111	4
KIN 201	1

COURSES RECOMMENDED AT THE *SOPHOMORE* LEVEL (33 hours):

<u>Fall Semester-Sophomore</u>	16 cr. Hours
BIO 206	4
COM 203	3
CHM 108 or PHY 111	4
KIN 220	1
KIN Activity Course 2	1
Humanities Course 3	3
<u>Spring Semester-Sophomore</u>	17 cr. Hours
BIO 207	4
General Education Elective	3
KIN Elective	3
CHM 109 or PHY 112	4
MAT 111	3