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Department of  
Recreation

# Recreation Calendar

## Fall 2025

**Detailed information available for each event, found below the calendar.**

**Follow Berry Recreation on social media for event updates!**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Cage Hours						
1 – 11PM	6AM - 11PM				6AM –7PM	10AM – 7PM
Group Fitness Schedule (Cage 202/204)						
	<b>Zumba –</b> 12 PM  <b>Glutes and Guts –</b> 5 PM  <b>Shine –</b> 6 PM	<b>Cycling -</b> 7 AM & 11 AM  <b>Yoga –</b> 11 AM & 4:30 PM  <b>TRX -</b> 6:30 PM  <b>TRX -</b> 6:30 PM  <b>Zumba -</b> 7:30 PM	<b>Zumba –</b> 12 PM  <b>TRX –</b> 6:30 PM  <b>Zumba –</b> 7:30 PM	<b>Yoga –</b> 11 AM & 4:30 PM  <b>Cycling -</b> 3 PM  <b>Hip Hop –</b> 5:30 PM  <b>Zumba –</b> 7:30 PM		

# August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25 Classes Begin	26	27	28 Weekly Bike Rides Begin	29	30

# September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 Labor Day	2	3	4	5	6 Kickball Tournament
7	8	9	10	11	12 House O' Dreams Hike	13
14 Sand Volleyball League Begins	15 Outdoor Soccer League Begins	16	17	18 BOLD Open Tower	19 Solidarity Week – Wellness Retreat	20 Pickleball Tournament
						Etowah Paddle
21	22	23	24	25	26	27
28	29	30				

# October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 BOLD Open Swing-by-Choice	3 Reservoir Hike	4 Yard Game Olympics
5 Sand Volleyball Championship	6	7	8	9 Outdoor Soccer Championship	10 Mountain Day Weekend	11 Mountain Day Weekend Bike Ride to the March
12 Mountain Day Weekend	13	14	15	16 BOLD Open Flying Squirrel	17	18 Fall Break
19 Fall Break	20 Fall Break	21 Fall Break	22	23	24 Sand Rock Camp & Climb	25 Sand Rock Camp & Climb
26 Flag Football League Begins	27 3v3 Basketball League Begins	28	29	30 BOLD Open Quantum Indoor Climbing at Central Rock Gym	31	

# November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8 Bouldering at Rocktown
9	10	11	12	13 BOLD Open Giant Swing	14	15 5v5 Basketball Tournament
16 Flag Football Championship	17	18	19	20 3v3 Basketball Championships	21	22 Caving at Tumbling Rock
23	24	25	26 Thanksgiving Break	27 Thanksgiving Break	28 Thanksgiving Break	29 Thanksgiving Break

# December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 Thanksgiving Break	1	2	3	4	5 Final Day of Classes	6
7	8 Finals Week	9 Finals Week	10 Finals Week	11 Finals Week	12 Finals Week	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## **Recreation Collaboration – Special & On-going Events:**

### **Weekly Bike Rides, every Thursday**

**When:** meet at 5:15PM, roll out 5:30PM

\*will shift to be an hour earlier starting 11/1 due to the time change

**Meeting Location:** Viking Cycle Works (behind Deerfield/across from HackBerry)

**Details:** Join us for a ride around our beautiful campus! Each ride will offer the opportunity for a different route and the chance to challenge yourself or enjoy a more leisurely tour of the chosen trail. The group is open to any experience level, come as you are!

### **Friday, Sept 19th – Solidarity Week: Wellness Retreat**

**When:** 2:00PM – 6:30PM

**Meeting Location:** Morgan Deerfield Lawn & Jewelbox

**Details:** The Berry College Counseling Center, Department of Recreation, and Office of Student Well-being & Support invite you to spend an afternoon unplugging, moving, creating, and just... *being*. Sign up for events like a guided walk or yoga, fun run or bike ride, or pop-in to enjoy our Chill Zone, build-your-own trail mix and more! We will encourage you to unplug to increase your capacity to be fully present for this event.

### **Saturday, Oct 11th – Bike Ride to Mountain Day**

**When:** meet at 11AM, roll out 11:15AM

**Meeting Location:** Viking Cycle Works (behind Deerfield/across from HackBerry)

**Details:** Skip the hassle of navigating parking and traffic as you head up Stretch Road for the Grand March & Mountain Day Picnic – choose to start your morning off with a bike ride instead! Departure from Viking Cycle Works with ample time to make it up Viking Trail for the March at 1pm.



## **Recreation Classic - Internal Programming:**

### **Saturday, September 6th – Fall Ball Fest**

**Sign Ups Close:** Friday, September 5<sup>th</sup> at 5:00PM

**Captain's Meeting:** Saturday, September 6th at 1:30PM at the IM Fields behind Richards Gym

**Details:** Gather a team and sign up to participate in our Intramural Kickball Tournament! All teams will play on Saturday with the first game starting at 2PM. Sign up on IMLeagues now!

### **Wednesday, September 10th - Sand Volleyball League Registration Deadline**

**Season:** September 14 - October 5

**Captain's Meeting:** Thursday, September 11th at 8:00PM in Cage 206

**Details:** Gather a team and sign up to participate in our Intramural Sand Volleyball Open League, with play on Sunday afternoons. Recreational Leagues will only play round robin with a regular season champion. Each team will play the number of games determined by the number of teams in each League. Sign up on IMLeagues now!

### **Wednesday, September 10th – Outdoor Soccer League Registration Deadline**

**Season:** September 15 - October 9

**Captain's Meeting:** Thursday, September 11th at 7:00PM in Cage 206

**Details:** Gather a team and sign up to participate in our Intramural Outdoor Soccer League with Men's Competitive, Open Rec and Women's Competitive team options. Competitive Leagues will be eligible for playoffs. Recreational Leagues will only play round robin with a regular season champion. All teams could play Monday – Thursday from 5:00PM – 10:00PM. Each team will play the number of games determined by the number of teams in each League. Sign up on IMLeagues now!

## **Friday, September 12th - House O' Dreams Hike**

**When:** 5:00PM – 8:00PM

**Meeting Location:** Frost Chapel Lower Parking Lot (Mountain Campus)

**Details:** Join Outdoor Recreation on a brisk 2.5-mile hike up to the House of Dreams. Participants will meet at the Frost Chapel parking lot and should bring water, snacks, and a friend!

## **Thursday, September 18th - Open Tower**

**When:** 5:00PM – 7:00PM

**Meeting Location:** BOLD Tower (behind Richards Gym)

**Details:** Climb up as high as you can go at BOLD's Climbing Tower featuring traditional rock walls, rope climbs, and more! Closed-toe, laced shoes required. Bring a friend and a willingness to challenge yourself!

## **Saturday, September 20th - Paddle Down the Etowah**

**When:** 10:00AM – 2:00PM

**Meeting Location:** Cage Center Parking Lot

**Details:** Join Outdoor Recreation for a 2-3 hour leisurely trip through downtown Rome on the Etowah River. Enjoy the wildlife and escape into nature for the moment, let us handle moving equipment. Transportation will be included, please bring water, sunscreen & shoes you don't mind getting wet!

**Cost:** \$10 charged to your Student Account Center

## **Saturday, September 20th – Pickle Palooza**

**Sign Ups Close:** Friday, September 19<sup>th</sup> at 5:00PM

**Captain's Meeting:** Saturday, September 20th at 1:30PM at the Pickleball Courts in front of Richards Gym

**Details:** Gather a team and sign up to participate in our Intramural Pickleball Tournament! All teams will play on Saturday with the first game starting at 2PM. Sign up on IMLeagues now!

## **Thursday, October 2nd - Open Swing-by-Choice**

**When:** 5:00PM – 7:00PM

**Meeting Location:** BOLD Tower (behind Richards Gym)

**Details:** Looking for a quick adventure for a party of two? Bring a friend, pick how high you go, and experience a Berry favorite & it only requires climbing a ladder! Closed-toe, laced shoes required.

## **Friday, October 3rd - Reservoir Hike**

**When:** 5:00PM – 8:00PM

**Meeting Location:** Old Mill Parking Lot (Mountain Campus)

**Details:** Explore one of Berry's most notable features, the Reservoir. Bring a friend, water bottle, and closed-toe shoes for a scenic hike approximately 2 miles from the Old Mill lot to the Reservoir.

## **Saturday, October 4th – The Ultimate Yard Throwdown**

**Sign Ups Close:** Friday, October 3<sup>rd</sup> at 5:00PM

**Captain's Meeting:** Saturday, October 4<sup>th</sup> at 1:30PM at the IM Fields behind Richards Gym

**Details:** Gather a team and sign up to participate in our Intramural Yard Games Tournament! All teams will play on Saturday with the first game starting at 2PM. Sign up on IMLeagues now!

## **Thursday, October 16th - Open Flying Squirrel**

**When:** 5:00PM – 7:00PM

**Meeting Location:** BOLD Course (behind Sisters Theatre)

**Details:** Come experience the NEW high ropes opportunity at the BOLD Course - the Flying Squirrel. Bring some friends and take turns taking flight! Closed-toe, laced shoes required.

## **Wednesday, October 22nd - Flag Football League Registration Deadline**

**Season:** October 26 – November 16

**Captain's Meeting:** Thursday, October 23rd at 8:00PM in Cage 206

**Details:** Gather a team and sign up to participate in our Intramural Flag Football League with Men's Competitive, Open Rec and Women's Competitive team options. Competitive Leagues will be eligible for playoffs. Recreational Leagues will only play round robin with a regular season champion. Each team will play the number of games determined by the number of teams in each League, play is on Sunday afternoons. Sign up on IMLeagues now!

## **Wednesday, October 22nd - 3v3 Basketball League Registration Deadline**

**Season:** October 27 – November 20

**Captain's Meeting:** Thursday, October 23rd at 7:00PM in Cage 206

**Details:** Gather a team and sign up to participate in our Intramural 3v3 Basketball League with Men's Competitive, Open Rec and Women's Competitive team options. Competitive Leagues will be eligible for playoffs. Recreational Leagues will only play round robin with a regular season champion. All teams could play Monday – Thursday from 5:00PM – 10:00PM. Each team will play the number of games determined by the number of teams in each League. Sign up on IMLeagues now!

## **Thursday & Friday, October 24<sup>th</sup> & 25<sup>th</sup> - Sand Rock Camp & Climb**

**When:** 5:00PM Friday – 2:00PM Saturday

**Meeting Location:** Front of Richards Gym

**Details:** Climb to new heights with Outdoor Recreation! Take an excursion to the Cherokee Rock Village in Sand Rock, Alabama: Friday night will include camping and exploring, wake up Saturday for breakfast and rock climbing. All gear, food, transportation, and skill instruction are included. Please bring water, snacks, and closed-toe shoes.

**Cost:** \$15 charged to Student Account Center

### **Thursday, October 30th - Open Quantum**

**When:** 5:00PM – 7:00PM

**Meeting Location:** BOLD Course (behind Richards Gym & Roosevelt Cabin)

**Details:** Don't miss out on the leap of faith at BOLD! Take on the climb by yourself or beside friends and jump for it. Closed-toe, laced shoes required. Bring a friend and a willingness to challenge yourself!

### **Thursday, October 30th - Indoor Rock Climbing at Central Rock Gym**

**When:** 5:00PM – 9:00PM

**Meeting Location:** Front of Richards Gym

**Details:** Join Outdoor Recreation at Central Rock Gym in Kennesaw, GA for indoor rock climbing! An opportunity to practice your bouldering, top-rope, and auto-belay climbing skills. Transportation and food will be included.

**Cost:** \$15 charged to your Student Account Center

### **Saturday, November 8th - Rock Climbing at Rocktown**

**When:** 10:00AM – 5:00PM

**Meeting Location:** Front of Richards Gym

**Details:** An opportunity to venture out to a well-known climbing site at Rocktown, famous for its unique sandstone formations that make for an incredible bouldering and climbing experience. All gear, lunch, transportation, and skill instruction will be included. Please bring water, snacks, sunscreen, and closed-toe, laced shoes.

**Cost:** \$10 charged to your Student Account Center

### **Thursday, November 13th - Open Giant Swing**

**When:** 5:00PM – 7:00PM

**Meeting Location:** BOLD Course (behind Sisters Theatre, across from Hoge)

**Details:** Join BOLD to swing into the last few weeks of the semester! Bring a friend and count down together to take the final step into the glide of the Giant Swing. Closed-toe, laced shoes required.

### **Saturday, November 15th – Hoop Hustle Classic**

**Sign Ups Close:** Friday, November 14<sup>th</sup> at 5:00PM

**Captain's Meeting:** Saturday, November 15<sup>th</sup> at 1:30PM in the Cage Center MAC Gym

**Details:** Gather a team and sign up to participate in our Intramural 5v5 Basketball Tournament! All teams will play on Saturday with the first game starting at 2PM. Sign up on IMLeagues now!

### **Saturday, November 22nd - Caving at Tumbling Rock**

**When:** 10:00AM – 5:00PM

**Meeting Location:** Front of Richards Gym

**Details:** Stretch out of your comfort zone to explore the well-loved Tumbling Rock cave system with Outdoor Recreation! Wear clothes you don't mind getting dirty & closed-toe, laced shoes with tread that you don't mind getting wet. Gear, transportation, and lunch included!

**Cost:** \$15 charge to the Student Account Center