

Department of Kinesiology
SUGGESTED COURSE LOADS FOR THE MAJORS
 Exercise Science & Sports Administration

EXERCISE SCIENCE

FIRST YEAR – SEMESTER 1

BCC 100 Freshman Seminar	1
COM 203 or 204	3
Humanities	3
KIN 201 Intro. to Exercise Science	1
KIN 221 Survey of Wellness	1
RHW 102 First Year Seminar in Writing	4
Social and Behavioral Sciences	3
Credit Hours	16

FIRST YEAR – SEMESTER 2

BIO 111 Principles of Cell Biology	4
Humanities	3
KIN Activity	1
Major Elective Course	3
MAT Foundations Course	3
Social and Behavioral Sciences	3
Credit Hours	17

SECOND YEAR – SEMESTER 1

BIO 206 Human Anatomy/Physiology I	4
CHM 108 or PHY 111	4
Humanities	3
KIN 380 Nutrition	3
Social and Behavioral Science	3
Credit Hours	17

SECOND YEAR – SEMESTER 2

Art Foundations Course	3
BIO 207 Human Anatomy/Physiology II	4
CHM 109 or PHY 112	4
Intercultural Foundations Course	3
Major Elective	3
Credit Hours	17

SPORTS ADMINISTRATION

FIRST YEAR – SEMESTER 1

BCC 100 Freshman Seminar	1
COM 203 or COM 204	3
Humanities	3
KIN Activity Course	1
RHW 102 First Year Seminar in Writing	4
Social and Behavioral Sciences	3
Credit Hours	15

FIRST YEAR – SEMESTER 2

COM 205 Sports Communication	3
Humanities	3
ECO 110	3
MAT Foundation Course	3/4
Social and Behavioral Sciences	3
Credit Hours	15/16

SECOND YEAR – SEMESTER 1

ACC 201 Principles Financial Acc.	3
COM 250 or ECO 110	3
KIN 221 Survey of Wellness	1
KIN 255 Sports Administration	3
Humanities	3
Natural Sciences	4
Credit Hours	17

SECOND YEAR – SEMESTER 2

Art Foundations Course	3
KIN Activity Course	1
Humanities	3
Intercultural Foundations Course	3
KIN 303 or KIN 319	3
Emphases Course	3
Credit Hours	16