

**Department of Kinesiology**  
**SUGGESTED COURSE LOADS FOR THE MAJORS**  
 Exercise Science & Sports Administration

**EXERCISE SCIENCE**

**FIRST YEAR – SEMESTER 1**

BCC 100 Freshman Seminar	1
COM 203 or 204	3
Humanities	3
KIN 201 Intro. to Exercise Science	1
KIN 221 Survey of Wellness	1
RHW 102 First Year Seminar in Writing	4
Social and Behavioral Sciences	3
<b>Credit Hours</b>	<b>16</b>

**FIRST YEAR – SEMESTER 2**

BIO 111 Principles of Cell Biology	4
Humanities	3
KIN Activity	1
Major Elective Course	3
MAT Foundations Course	3
Social and Behavioral Sciences	3
<b>Credit Hours</b>	<b>17</b>

**SECOND YEAR – SEMESTER 1**

BIO 206 Human Anatomy/Physiology I	4
CHM 108 or PHY 111	4
Humanities	3
KIN 380 Nutrition	3
Social and Behavioral Science	3
<b>Credit Hours</b>	<b>17</b>

**SECOND YEAR – SEMESTER 2**

Art Foundations Course	3
BIO 207 Human Anatomy/Physiology II	4
CHM 109 or PHY 112	4
Intercultural Foundations Course	3
Major Elective	3
<b>Credit Hours</b>	<b>17</b>

**SPORTS ADMINISTRATION**

**FIRST YEAR – SEMESTER 1**

BCC 100 Freshman Seminar	1
COM 203 or COM 204	3
Humanities	3
KIN Activity Course	1
RHW 102 First Year Seminar in Writing	4
Social and Behavioral Sciences	3
<b>Credit Hours</b>	<b>15</b>

**FIRST YEAR – SEMESTER 2**

COM 205 Sports Communication	3
Humanities	3
ECO 110	3
MAT Foundation Course	3/4
Social and Behavioral Sciences	3
<b>Credit Hours</b>	<b>15/16</b>

**SECOND YEAR – SEMESTER 1**

ACC 201 Principles Financial Acc.	3
COM 250 or ECO 110	3
KIN 221 Survey of Wellness	1
KIN 255 Sports Administration	3
Humanities	3
Natural Sciences	4
<b>Credit Hours</b>	<b>17</b>

**SECOND YEAR – SEMESTER 2**

Art Foundations Course	3
KIN Activity Course	1
Humanities	3
Intercultural Foundations Course	3
KIN 303 or KIN 319	3
Emphases Course	3
<b>Credit Hours</b>	<b>16</b>